



Name	Sarah Linzey
Position	Clinical Supervisor
Qualifications	BSc (Hons) Psychology SDS (BPS Approved) Accreditation in Clinical Supervision, level 4 (Advanced) including Safeguarding Supervision/Group Supervision BPS Approved Certificate in Clinical Supervision for Staff with Neurodiverse Needs Qualification in Safeguarding Supervision (Anthena)
Memberships	British Psychological Society (BPS) – 200876 BABICM - 1835288

I have been a Clinical and Case Supervisor for the past 12 years alongside management roles in mental health and palliative care. My Clinical Supervision qualifications have allowed me to work with a range of supervision models including, but not exhaustive to; Reflective Supervision, Safeguarding Supervision and Group Supervision. I have worked with medical staff, Case Managers and Designated Safeguarding Leads (DSL). My regulatory body is the British Psychological Society (BPS) and I am a member of British Association of Brain Injury and Complex Case Management (BABICM), where I have gained a wealth of knowledge around working with Brain Injury clients.

My background is in nursing, until I retrained in 2006 in Psychology and mental health. I worked for the NHS both in nursing and mental health, but for the past 18 years I have worked in the voluntary sector as an Operations Manager for Mind whereby I was Designated Safeguarding Lead (DSL) for adults and children as well as accessing funding for and establishing new mental health services including a mental health service for Black, Asian and Minority Ethnic (BAME) Communities. Diversity and Inclusion are a passion of mine.

More recently, I was Head of Supportive Care Services for a Hospice whereby I was also on the Safeguarding Lead Team and my role included accessing funding and establishing a service for people with Learning Difficulties.

In my management roles, managing many staff, I identified a gap within Clinical Supervision services for specialist supervision for my staff with neurodiverse needs. I have now completed training in 'Clinical Supervision for staff with Neurodiverse Needs' and have found this has been very useful to my existing clients with these needs.

Specialist areas/skills include:

- Clinical Supervision for Case Managers working with Complex Brain Injury.
- Clinical Supervision for staff working with mental health issues, palliative care.
- Clinical and Case Supervision for Staff with Neurodiverse needs.
- Safeguarding Supervision for DSL's or group safeguarding supervision.
- Group Supervision or debriefing.
- Collaborative working.
- Crisis management.
- Vicarious Trauma.

Testimonials

Sarah has been my clinical supervisor for six years she has help me develop my career within St Luke's.

The clinical supervision sessions have been a great help when there have been difficult situations that have arisen within the working environment and you not sure how to approach them, this is when the supervision is helpful, as you can develop ways in dealing with the issue and following the right process that are needed.

The sessions have also helped from a personal aspect, when something at home may be impacting my work. Sarah has a way of being calming and easily approachable and able to discuss thing that you wouldn't discuss at home.

For me supervision has helped me from a development role and also a learning role. It has given me the skills to develop into a better manager and be able to discuss things about managing staff that could have been difficult. I feel that they are the best thing that I have received within a work place.

During my time working at St Lukes Hospice, I have had the pleasure of being allocated Sarah for my Clinical Supervision.

We have met face to face and then managed our meetings through digital means during Covid.

Sarah has always been available for support even though I generally work night shifts and she works during the day.

During our sessions we have talked about many aspects of life and work and Sarah has helped with constructive guidance on many issues including my professional learning and development.