



Name: **Kathryn Howard**

Position: Brain Injury Case Manager
Counsellor
Trained Safeguarding Lead for Children and Adults

Qualifications: BA(Hons) Dip.Couns
MBACP 382708

Memberships: BABICM 0973
BACP

Kathryn has been working as a Brain Injury Case Manager for over 10 years. She has spent 10 years prior to that working in varying levels and roles with people with brain injury. Kathryn has held the registered managers position in a former role and is now applying to be the registered manager for Kindred Community Ltd as part of the companies CQC application which was made in January 2021.

Kathryn is adept at completing initial needs assessments, and she is able to formulate goal plans and associated budgets as needed. Kathryn sees case management as a collaborative process with the client, family and those around the individual in which to assess, plan, implement, coordinate, monitor and evaluate the options and services required to develop an individual's health and well-being; using advocacy and good and open communications. This can be done with any available resources to promote quality and cost-effective outcomes in the best interests of an individual with a brain injury.

Through Kathryn's now 20 years working in the brain injury field, Kathryn has created good working links with a vast group of therapists, solicitors, and other facilitators in our industry. Kathryn is also skilled in crisis management, holds a safeguarding lead role and trained clinical supervisor role. She has now expanded her knowledge and professional practice to add a therapeutic perspective to your work qualifying as a counsellor.

Kathryn has a long history of putting together and running rehabilitation packages and care/support regimes for people in their own homes, in the community or living in residential placements, with or without staff.

Kathryn's starting role in brain injury was in 2001 as a support worker for The Priory Healthcare services, rising to a senior support worker and completing training in management skills and healthcare. Between 2004-2009 Kathryn was the Rehabilitation Support Manager for The Regard Partnership at a slow stream neuro rehabilitation unit in Surrey, which enabled her to develop her management style, skills, working knowledge of budgets, rotas and assessments plus support of clients with brain injuries through their rehabilitation and into their own homes. In 2009-2019 Kathryn moved into case management at Brain Injury Services Ltd which saw her become the Director of Case Management and Operations in 2013, it was in this role Kathryn held the registered managers position for CQC and she over saw 14 Case Managers and managed the day-to-day operations of the case management business.

Kathryn has a passion for working in the brain injury industry and has been proud in aiding many individuals to recognise, then achieve their own goals gently guiding and supporting as they make, sometimes life changing achievements.

Kathryn completed a diploma in counselling in 2019 and has since continued her role as a counsellor for St Wilfrid's Hospice in Eastbourne and as the Counsellor for Headway Surrey, where she worked with Headway to set up this new service for them.

Kathryn has been a founding member of The Silverlining Brain Injury Charity and is a Trustee and Coordinator. She currently runs the Surrey group activities and the international trips to Africa that are undertaken by brain injured people and professionals every two years. Kathryn is proud to have run 5 of these trips over 10 years.

Testimonial:

Kat has been excellent throughout her role as my relatives Case Manager. She has been proactive throughout in arranging an MDT to support their rehabilitation, and has advocated really effectively for my relative. Kat is very good at communicating with the family, and the family have felt very included in all decisions. Everything is always organised, and Kat and her team have been brilliant at handling everything (old or new) that has been thrown at them.