## **kindred**A THERAPEUTIC HEALTHCARE COMMUNITY



Name	Tamsin Coburn
Position	Assistant Case Manager
Qualifications	Level 5 in Leadership for Health and Social Care Adults
Memberships	BABICM

I have worked within the care sector for the past 25 years. Starting off in a dual role working with individuals living in the community and supported living services; supporting with person-centred care and support, as well as maintaining independence with the individuals, and supporting them to live the life they choose.

When embarking upon my journey in Social Care, I never expected to become a leader; but the training and confidence I have gained has enabled me to do just that. I continue to develop and hone my skills within the leadership field, while maintaining a focus on the person receiving my care and support.

I care deeply about ensuring the individuals I work with feel a positive impact from the support I am offering, and feel strongly about the importance of individuals being surrounded by professionals who are also passionate about their impact. I always take a self-reflective stance after each task to assess what could be improved or done differently.

With my management background, I am able to help cultivate and support others to grow within the lives. I take a tailored approach to support - with each day/meeting/support session – ensuring whatever task is required, is completed with the individuals needs at the heart of my work.

I pride myself in working to a standard of excellence, and I understand that continual self-growth and expansion of knowledge is key to ensuring that the individuals I work with are supported in a person-centred way. I undertake regular training, and ensure I am up-to-date with the most recent/relevant developments within my field.

## Tamsin's Specialist areas/skills include:

- Person-centres care and support.
- Safeguarding and Mental Capacity.
- Management and training/development of Support Workers.
- Quality and compliance.

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