



Name	<b>Catherine Baker</b>
Position	Associate Case Manager
Qualifications	Registered General Nurse NMC ENB 100 Intensive Care
Memberships	BABICM - 1839613 CMSUK – 24-12213-CM

Catherine is a registered nurse and joined Kindred Community with 26 years' experience working in the NHS. She worked as an intensive care nurse for 19 years, and for the last 7 years as a complex case manager and lead nurse for the complex case management team within Continuing Healthcare at the Integrated Care Board.

In her role as an intensive care nurse Catherine gained vast knowledge and experience nursing those with a wide range of complex needs, who have sustained life changing injuries, including brain injuries, spinal cord injuries, and complex orthopaedic/polytrauma injuries. She has applied these skills as a Case Manager to support her clients living in the community.

**Spinal Cord Injury** - Catherine has successfully worked with adults who sustained a spinal cord injury, with extensive complex needs, including ventilation via a tracheostomy, cough assist, neurogenic bowel and bladder care and autonomic dysreflexia. From facilitating a safe hospital discharge, implementing robust care provision through to enabling her clients to live as independently as possible and achieving their goals and ambitions.

**Brain Injury** - Catherine is experienced working with adults who have sustained a brain injury. She is client focused, compassionate and empathetic, working closely with her clients and families to ensure they achieve their best possible health and wellbeing outcomes.

With her experience and knowledge of complex health issues, Catherine is adept at completing comprehensive assessments, evaluating client needs, implementing safe and cost-effective care, identifying and mitigating risks, contingency planning, and setting up and working within personal health budgets.

As a registered nurse Catherine adheres to the NMC Code of Conduct.

### **Specialist areas/skills include:**

- Working with clients with spinal injury, brain injury and complex orthopaedic trauma.
- Clinical decision making.
- Assessing and implementing safe and effective care provision.
- Completing comprehensive person-centred assessment of needs.
- Identifying, setting, measuring goals and objectives to achieve the best possible outcomes.
- Identifying and mitigating risk.
- Effective problem-solving skills.
- Contingency planning.
- Working with Personal Health Budgets.
- Collaborative working.
- Crisis management.