



Name: Claire Bradley

Position: Osteopath – East Sussex & Kent

Qualifications: Master's Degree in Osteopathy (M.Ost)
Biodynamic Traditional Osteopathy
Western Acupuncture for MSK pain
Sports Therapy Level 3
BTEC HND Childhood Studies

Memberships: General Osteopathic Council (GOsC)

Claire qualified as an Osteopath having worked at the European school of Osteopathy clinic in Maidstone for the last two years. There, she has worked alongside some leading specialists in sports, headache clinic, women's health and in the children's clinic.

She enjoys treating adults of all ages but has special interests in maternity, babies and children and working with the family as a unit. Using a patient centred holistic approach allows her to have a clear understanding of the whole patient, including their choices over treatment and how their wider environments and relationships relate to their health.

Treatment options include a mixture of structural, functional and cranial techniques that are best suited to the patient and their health, wellbeing or conditions. With the addition of acupuncture for some patients as an adjunct alongside these therapies. Claire also plans to undertake further training in paediatrics alongside Biodynamic osteopathy.

She is currently working between two practices, running Costal Body Clinics in Bexhill, East Sussex and at The Gatefield Clinic in Faversham, Kent. She will also be assistant lecturing at the European School of Osteopathy this coming academic year in the structural techniques and cranial classes. Home visits for particular needs are also available on request.

Since 2016 she has been working as a rehab support worker within multidisciplinary teams for clients with acquired brain injury. In 2016 and 2018 she supported some of her clients to go to Namibia working on outreach projects at rural schools with The Silverlining Brain Injury Charity. She previously worked as a nursery teacher for 15 years, has run her own restaurants and has a keen interest in renovating period properties.

Claire's Specialist areas and interests:

- Paediatrics.
- Women's Health and Maternity.
- Cranial and Visceral Osteopathy.