



Sarah DaviesCase Manager &
Counsellor

Trained Safeguarding Lead for Children and Adults

Location

South East, Kent, London

Qualifications

Dip.Couns

HCIMA, Certificate in Teach Adult Education (Australia)

Regular CPD and industry focused training including First Aid, Risk Assessment, Safeguarding and Therapeutic Learning

Memberships

MBACP 712436

BABICM 0972

CMSUK 13-1274

Specialisms

Brain Injury, Complex Needs, Mental Health Management, Dual Diagnosis, Challenging Behaviours, Spinal Cord Injury, Thalidomide, Complex Family Dynamics Commencing work as a Case Manager in February 2010, Sarah advanced to Senior Case Manager and Clinical Case Supervisor to a large team of Case Managers in January 2015.

With extensive experience supporting clients with Acquired Brain Injury and associated complex needs, Sarah works confidently in both Litigating and settled cases supporting clients to achieve.

Sarah has been described as "organised, efficient and psychologically minded demonstrating an excellent rapport with clients and those around them, showing deep empathy whilst never overstepping professional boundaries."

With extensive experience previously working as a lecturer and training coordinator in Adult Education, contact supervisor in East Sussex Children Services and over 10 years' experience as support lead in residential Domestic Abuse Units she has a can-do approach striving to go that extra mile with a creative and innovative approach to Case Management.

Establishing and maintaining strong working relationships with all her clients, their families and legal teams is one of her strengths. With over 11 years of full-time case management experience supporting clients with complex needs ranging in age from 16 to 70. She holds a caseload of 6 – 8 clients to ensure sufficient time to meet the needs of all her clients, crisis manage, liaise, and oversee comprehensive rehabilitation programmes in a proactive and collaborative manner.

With a specialism in younger clients in their 20s and 30s often with complex family dynamics and those transferring from rehabilitation into the community to live independently; Sarah's clients remain at the very centre of everything she does. We can provide extensive references upon request.

Sarah's skillset includes:

- Complex needs, dual diagnosis, mental health issues, and PTSD.
- Working with clients transitioning to or living in the community including the setting up and management of independent living trials.
- Supporting clients with substance misuse issues, working collaboratively with external support agencies.
- Working with complex family dynamics, separated parents and extended families.
- Working with clients discharging from hospital settings or transitioning from children's to adult services.
- Excellent staff team support, supervision, and management.



- Setting up a multi-disciplinary approach to rehabilitation and partnership working.
- Providing concise and clear report writing and supporting documentation and invoice management.
- Managing client finances and client accounts, working with personal health budgets (PHBs).
- Acquired and Traumatic brain injury, Spinal injuries, and thalidomide.