



Name: **Kirsty Ford**

Position: Clinical Nurse Supervisor – East Sussex & Kent

Qualifications: BSc (Hons) Adult Nursing

Memberships: 09B0048E

I have 13 years' experience of patient care and advocacy, working as a Manager within an Urgent Treatment Centre (UTC), and a sister within the Accident and Emergency department. I have strong leadership and management skills, being highly skilled in managing patient intake and their discharge to appropriate ongoing care. I mentor junior members of the team and 3rd year students, assisting them on their management placements and promoting patient and staff wellbeing. I am skilled in all areas of patient care from minor illness to trauma care.

I also manage the Urgent Care Centre, which is a step-down accident and emergency unit, treating minor illness and injury. I lead a team of General Practitioners (GP's), emergency nurse practitioners (ENP's), Paramedic Practitioners (PP's), band 6 coordinators and band 3 care navigators. I liaise with primary care, pharmacy's, doctor practices and other external services to ensure the best care for the patient. I manage the unit and therefore have regular Clinical Commissioning Meetings (CCG) to discuss progression of services and collating data via audits. I always work with my competency, local policies and guidelines.

Work History:

Manager: Urgent Treatment Centre (UTC) - East Sussex Healthcare Trust (ESHT) – [current]

- Leadership and Management of GP's, PP's, ENP's, coordinators and navigators.
- Audits, reporting, rostering and managing staff wellbeing.
- Creating new external pathways for patients within primary care.
- Supporting team with ongoing learning and mandatory training.
- Working with multidisciplinary team.
- Computer skills, spreadsheets, Healthroster, managing staff absence.
- Managing a safe environment for patients and staff.

Sister AE: Accident and Emergency East Sussex Healthcare Trust (ESHT) - [current]

- Leadership and Management of large team of band 2 to band 5 nurses.
- Education and mentoring of junior nursing team.
- Trauma care.
- Minor illness and injury treatments.
- Initial assessment of patients within triage to determine best ongoing care for patients.
- Safety and security of both patients and staff.
- Follow policies and guidelines.