



Name: **Amanda Cooper**

Position: Brain Injury Case Manager Practitioner Level 1
Student Counsellor

Qualifications: HE Certificate in Health Studies / ACBP

Memberships: CMSUK / BACP / Access Consciousness

Amanda has been working within the Brain Injury field for 16 years starting her career at the Queen Elizabeth Foundation Brain Injury Centre in Banstead. Amanda spent 4 years working in the Occupational Therapy Department progressing to a Band 4 as a Senior Technical Instructor. Following 18 months studying at London South Bank University as an in-service student, achieved her Certificate of Higher Education in Health Studies.

Amanda moved into the community as an Occupational Therapy Assistant and Rehabilitation Support Worker assisting clients to achieve their goals whilst living and working in their own local community. Alongside these roles, Amanda also worked for Social Services, assessing, and implementing care programmes for older adults as well as working at Headway as a Rehabilitation Co-ordinator, designing rehabilitation programmes around everyday activity, training staff, and running them out with clients.

Amanda continued to maintain her basic training and development needs throughout this time and in addition, completed a Certificate in Brain Injury Studies through the University of Northamptonshire and the brain Injury charity, Headway, encompassing: Brain Injury Studies, Cognitive Rehabilitation Therapy, Challenging Behaviour and Sex and Sexuality following Brain Injury.

Amanda has worked as an Assistant Case Manager, progressing to a Practitioner Case Manager (CMSUK CMP1 Level) since 2012. Alongside these roles, Amanda continues to provide support services to clients as her skill set allows which can include utilising her mindfulness and life coaching knowledge.

Away from the case management world, Amanda is an Access Consciousness Bars and Body Processes Practitioner. She has raised funds for The Silverlining Brain Injury Charity by doing a tandem parachute jump and has assisted with a group of clients to travel to Namibia, live in the desert for a week and, in turn, teach and help with the development of a poverty-stricken school.

Amanda has recently begun with Lewes College studying Counselling.