



Alex Wengraff-Hewitt
Neuro Physiotherapist

Location

East Sussex, West
Sussex, Kent

Qualifications

Bsc Physiotherapy

Memberships

MHPC

MCSP

MACPIN

BABICM

Specialisms

Acquired Brain Injury,
Stroke Rehabilitation,
Spinal Cord Injury,
Complex Neurological
Conditions

Alex qualified as a physiotherapist in 2012 and has worked within the NHS for nearly 10 years in a number of rotational fields, before specialising within the field of rehabilitation. He has worked within acute hospital teams, with rehabilitation units and with community rehabilitation teams.

Within the last 5 years Alex has primarily been working within the area of complex rehabilitation, Stroke rehabilitation and Acquired Brain Injury within adults. He is experienced in neurological assessments of function, movement, and in creating complex treatment plans. More recently, he has also worked outside of the NHS with private clients within a local clinic alongside his work in the NHS as a Rehabilitation Coordinator.

For Alex, working with Brain Injured clients has been the area where he has found the most satisfaction, and he finds community working the most enjoyable as it involves helping people to recover in their own homes and practice what is most important to them. He takes pride in working with clients to ascertain what their goals are and working with them to ensure they understand the steps they need to take to get there.

Alex's skillset includes:

- Complex neurological assessments for adult clients with Brain Injuries.
- Development of personalised treatment plans led by client centred goal setting.
- Management of tone including understanding of orthotics and splinting options.