



Name	<b>Dom Chad</b>
Position	Healthcare Trainer & Soft Tissue Therapist
Qualifications	Level 3 Certificated Healthcare Trainer Btec Level 5 in Sports & Remedial Massage Therapy
Memberships	Association of Healthcare Trainers Trainer Courses Ltd Approved Centre Status – Centre No. TCYS1001 Institute of Sports & Remedial Massage - Member No. 8109

I am a Qualified Healthcare Trainer and keen to deliver a wide variety of training to teams, both face to face and online. I can offer competency assessments, signing off of staff in the workplace to ensure high levels of expertise using equipment in situ, carrying out and reviewing Manual Handling Risk Assessments to ensure optimum safety for your clients. I have Level 3 Trainer qualifications in:

- First Aid and Basic Life Support
- People Movers' Moving and Handling
- Mental Capacity Act & DoLS
- End of Life Care

I am able to provide training to Staff and Support Teams up to level 2 in all of the above.

I also offer Soft Tissue Therapy either at my Hampshire clinics in Andover and Basingstoke, or within the client's home (within a 50 mile radius of Andover). I qualified as a Level 5 Soft Tissue Therapist in 2016, and have since trained in Hot Stone Therapy, Myofascial Cupping, Trigger Point Therapy and Kinesiology Taping. I am keen to continue to expand my skillset and will next be completing training for Indian Head Massage in the near future.

It is my firm ambition to offer the highest level of quality and value, both as a Healthcare Trainer and Soft Tissue Therapist, with a client-centred approach to all that I do.

I commenced my career in Health and Social Care in 2003, as a Key worker & Support Worker with Mencap working in a multi-occupancy service for adults with learning difficulties. There I took the opportunity to act up into a managerial position, in order to gain experience completing Care Plans and Risk Assessments, while developing a greater understanding of the workings of a support service.

In 2005 I progressed my career in the London Ambulance Service as an Emergency Medical Technician after completing the IHCD Qualification in Ambulance Aid and Driving. I worked with a broad spectrum of people at all stages of life.

In 2010 I escaped to the Highlands and returned to a Support Worker role for Leonard Cheshire Disability in Inverness, where I was given the title of "Dignity Champion" having highlighted many areas where support could be delivered in a more person-centred way. Following this I took a Team Leader role for a very physically complex, brain injured client going through a litigation claim. In this role, I noticed a difficulty in finding a Soft Tissue Therapist who was willing to deal with challenging behaviours, physical disability, and brain injury; as such I decided to pursue my own training in Sports Massage and Soft Tissue Therapy.

Person-centred support has always been my strongest value, at the heart of what I do, and is ultimately the key factor that has motivated me to move into a training role.