



Name: **Nuly Hassan**

Position: Occupational Therapist

Qualifications: Degree Occupational Therapy BSc (Hons)
AMP's Assessor 2014

Memberships: HCPC OT67722

I am a private Occupational Therapist who has worked within in the NHS and private field, with 10 years' experience. I provide a friendly, flexible client-centred approach to support clients to maximise independence. I believe in collaborative working to ensure the best results, ensuring that clients can meet their goals and full potential.

I am an accomplished Occupational Therapist who has worked in a variety of settings within the NHS where I have gained excellent knowledge and understanding of the impact that health has on our ability to complete our daily tasks, whether this is physical, cognitive, or both. I work with adults who require occupational therapy intervention.

Whilst at the NHS, I was the Occupational Therapy lead at a 19-bed rehabilitation unit for 6 years, where I worked with patients with a variety of diagnosis including amputees, spinal injury, Stroke/ABI, Cerebral Palsy, Dementia, and palliative. My role was to provide Occupational Therapy intervention to progress and promote an individual's ability to become as independent as possible to return home, ensuring that risk had been assessed to ensure safety.

As a private Occupational Therapist, I provide intervention for adults; specialising in acquired brain injury, progressive and acute conditions, moving and handling equipment provision, functional assessments, assessing risk, home adaptations, hoist assessments, workplace assessments, goal setting, graded activity, and assessment of activities of daily living. I deliver support to clients within their own homes, providing training to family members and to support staff.

To achieve the best outcome for my clients it is important to build positive rapport and trust. By achieving this I can establish client-centred goals and a treatment plan for intervention to maximise independence. Once you have achieved rapport everything is possible, with lots of laughs along the way.

Nuly's Specialist areas/skills include:

- Risk Assessments
- Moving and Handling Plans
- Complex equipment needs (*including bespoke and manual handling equipment*)
- Graded Activity
- Treatment Plans
- Functional Assessments
- Assessment of Activities of Daily Living
- Goal Setting
- Adaptations