



Name	<b>Alex Wengraf-Hewitt</b>
Position	Physiotherapist
Qualifications	Bsc Physiotherapy
Memberships	MHPC, MCSP, MACPIN

I qualified as a physiotherapist in 2012. I have worked within the NHS for nearly 10 years now in a number of rotational fields before specialising within the field of rehabilitation. I have worked within acute hospital teams, with rehabilitation units and with community rehabilitation teams.

Within the last 5 years I have primarily been working within the area of complex rehabilitation, Stroke rehabilitation and Acquired Brain Injury within adults. I consider myself experienced in neurological assessments of function, movement, and in creating complex treatment plans. I have more recently also worked outside of the NHS with private clients within a local clinic while continuing on my current role within the NHS as a Rehabilitation Coordinator.

Working with Brain Injured clients for me has been the area where I have found the most satisfaction and of all the different areas I have I have worked, I have found community working the most enjoyable as it involves helping people to recover in their own homes and practice what is most important to them. I take pride in working with clients to ascertain what their goals are and working with them to ensure they understand the steps they need to take to get there.

#### **Alex's Specialist areas/skills include:**

- Complex neurological assessments for adult clients with Brain Injuries.
- Development of personalised treatment plans led by client centred goal setting.
- Management of tone including understanding of orthotics and splinting options.